**Depi Mavropoulou**, instructor, was born in Athens, Greece. She has a degree in Theatre and in Body Psychotherapy and Counselling (Wilhelm Reich Institute-Athens). She has worked as an actress in Greece and now also as a body psychotherapist. Her work includes energitic therapies (bodywork, channeling, reiki, mind control, meditation, etc.) and she has taken part (Greece, France, UK) into many theatrical seminars with actors and directors. In 2001, she created “Energy Theatre”: a combination of physical theatre and Reichian body techniques, which teaches in drama schools and workshops in Greece, Finland and U.K.

**Michael Devine**, CATT founder and instructor, has directed 29 professional productions in seven languages, including productions for national theatres in Canada, Servia, Kosovo, Romania and Hungary. Trained as an actor at LAMDA in London, England, his internationally recognised acting methodology, BoxWhatBox, has featured in 13 countries to date and in 2009 Michael performed BoxWhatBox to New Orleans, Kosovo, Serbia, Uganda, and Ukraine. He is the founder of CATT, the Centre for Alternative Theatre Training, which inaugurated its training programme in Prishtina, Kosovo in August 2009.